



Europass Curriculum Vitae

Personal information

First name/ Surname	Piera Brustia
Telephone	+39(0)11.6703055
E-mail	piera.brustia@unito.it
Nationality	Italian

Education and training

Dates	1980 - 1984
Name and type of organisation providing education and training	University of Milan "Cattolica del Sacro Cuore"
Title of qualification awarded	Specialization in Psychology
Dates	1973
Name and type of organisation providing education and training	University of Turin
Title of qualification awarded	MA Degree in Political Science (Summa cum Laude)

Professional affiliations

Dates	2002 onwards
Description	Member of A.I.P. (<i>Associazione Italiana di Psicologia</i> , Italian Association of Psychology), section of Dynamic and Clinical Psychology.
Dates	1989 onwards
Description	Enrolment on the Piedmont Regional Register of Psychologists, nr. 196, and on the Piedmont Regional Register of Psychotherapists.

Academic Positions

Dates	10/01/2006 onwards
Organisation	University of Turin, Faculty of Psychology
Position	Full Professor
Subject	Dynamic Psychology (scientific-disciplinary sector: M-PSI/07)
Dates	12/23/2000 - 09/30/2006
Organisation	University of Turin, Faculty of Psychology
Position	Associate Professor
Subject	Dynamic Psychology (scientific-disciplinary sector: M-PSI/07)
Dates	1996 - 2000
Organisation	University of Turin, Department of Psychology, Faculty of Psychology
Position	Research Associate, permanent position
Subject	Dynamic Psychology (sector: M11D)
Dates	1993 - 1996
Organisation	University of Turin, Faculty of Magistero
Position	Research Associate
Subject	Dynamic Psychology (sector: M11D)

EDUCATIONAL ACTIVITIES

POST-GRADUATE SCHOOLS OF SPECIALIZATION

Dates	Academic Year 2009/10 onwards
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	Course: Development of the Self and Family Relations
Dates	Academic Year 2008/09 onwards
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	Tutoring of APP (Attività Pratiche Professionalizzanti): Interpersonal Skills in the Organizations, Modulo B
Dates	Academic Year 2007/08 onwards
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	Courses: Psychodynamics of Family Life: Interventions for Parenting. Interventions for the Family and Support to the Caregiver
Dates	Academic Year 2006/07 onwards
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	Course: Psychodynamics of Family Life: <i>Interventions for Parenting</i> .
Dates	Academic Year 2006/07
Organisation	Post-graduate School of Specialization COIRAG, Turin.
Subject	Seminar: <i>Pregnancy and Puerperal Diseases. A Dynamic Approach</i> .
Dates	Academic Year 2006/07

Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	<i>Fundamentals of Dynamic Psychology: Module B "The Concepts of Dynamic Psychology in relation to the Social Work".</i>
Dates	Academic Year 2005/06
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	<i>Parenting and Social Development Lab, module A "Infant research and Development"-</i>
Dates	<i>Academic Years 2005/06 and 2006/07</i>
Organisation	<i>Post-graduate School of Specialization SGAI, Turin</i>
Subject	<i>Becoming Parents. Interventions for parenting.</i>
Dates	<i>Academic Year 2005/06</i>
Organisation	<i>Post-graduate School of Specialization EMMECI, Turin</i>
Subject	<i>Seminar: Woman and Work. Pregnancy, Parenting, Couple and Work</i>
Dates	Academic Year 2005/06
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	<i>Parenting and Social Development Lab, module A "Infant research and Social Development".</i>
Dates	Academic Years 2004/05 and 2005/06
Organisation	Post-graduate School of Specialization in Health Psychology, University of Turin, Faculty of Psychology
Subject	<i>Fundamentals of Dynamic Psychology: Module B "The Psychodynamic Sensibility in the Psychological Work".</i>
Dates	<i>Academic Year 2002/03</i>
Organisation	<i>Post-graduate School of Specialization: Istituto di Psicoterapia Psicoanalitica (IPP, Institute of Psychoanalytic Psychotherapy), Turin.</i>
Subject	<i>Developmental Psychology</i>

**EDUCATIONAL ACTIVITIES
UNDERGRADUATE AND GRADUATE
LEVELS; MASTERS**

Dates	Academic Year 2009/10 onwards
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Courses: Psychodynamics of Family Life in the Master's Degree Program in Developmental and Education Psychology Psychodynamics of Family Life - Module A in the Master's Degree Program in Psychology (courses of studies: Health Psychology and Criminal Investigative Psychology Psychodynamics of Development and Family Life in the Master's Degree Program in Clinical and Community Psychology.</i>
Dates	Academic Year 2008/09 onwards
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Course of Psychodynamics of Social Relations in the Master's Degree</i>

	<i>Program in Psychology.</i>
Dates	<i>Academic Year 2007/08 onwards</i>
Organisation	<i>University of Turin; Faculty of Political Science (Second Level University Master Course in Organization and Development of Human Resources).</i>
Subject	<i>A Psychodynamic Approach to Equal Opportunities</i>
Dates	<i>Academic Year. 2006/07 onwards</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Psychodynamics of Family Life within the Master's Degree Program in Clinical and Community Psychology.</i>
Dates	<i>Academic Year 2007/08</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Courses: Dynamic Psychology within the Master's Degree Program in Human Resources Management and Organizational Development Psychodynamics of Organizational Life - Module A within the Master's Degree Program in Learning, Change and Training in Adults.</i>
Dates	<i>Academic Years 2007/08 and 2008/09</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Dynamic Psychology - Module A within the Master's Degree Program in Criminal and Investigative Psychology.</i>
Dates	<i>Academic Year 2006/07</i>
Organisation	<i>University of Turin, Faculty of Education (Second Level University Master Course in "Relational competences for teachers interacting with troubled pupils and families").</i>
Subject	<i>Psychodynamics of Family Relationships.</i>
Dates	<i>Academic Year 2006/07</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Psychodynamics of Family Relationships within the Bachelor's Program in Psychological Sciences and Techniques for the Person, the Services and the Community. Psychodynamics of Organizational Life - Module A within the Master's Degree Program in Learning, Change and Training in Adults.</i>
Dates	<i>Academic Year 2006/07</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Dynamic Psychology within the Master's Degree Program in Human Resources Management and Organizational Development.</i>
Dates	<i>Academic Year 2005/06 onwards</i>
Organisation	<i>University of Turin (jointly run Master in Family and Community Nurse).</i>
Subject	<i>Course: The Family, the Community and their contexts.</i>
Dates	<i>Academic Years 2005/06 - 2008/2009</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Psychodynamics of Organizational Life within the Master's Degree Program in Learning and Training.</i>
Dates	<i>Academic Year 2005/06 onwards</i>
Organisation	<i>University of Turin, Faculty of Psychology</i>
Subject	<i>Psychodynamics of Family Life within the Master's Degree Program in Clinical and Community Psychology.</i>

Dates	Academic Years 2005/06 - 2009/2010
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Dynamic Psychology - Module A within the Master's Degree Program in Criminal and Investigative Psychology.</i>
Dates	Academic Years 2003/04 - 2005/06
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Dynamic Psychology within the jointly run Bachelor's Program for Professional Educators.</i>
Dates	Academic Years 2003/04 - 2006/07
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Psychodynamics of Family Relationships within the Bachelor's Program in Psychological Sciences and Techniques for the Person, the Services and the Community.</i>
Dates	Academic Years 2002/03 and 2003/04
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Organizational Psychology II: Dynamic and Relational Aspects within the Bachelor's Program in Psychological Sciences and Techniques.</i>
Dates	Academic Years 2001/02 - 2005/06
Organisation	University of Turin, Faculty of Psychology
Subject	<i>Dynamic Psychology</i>
Dates	Academic Years. 1998/99 - 2000/2001
Organisation	University of Turin, Faculty of Medicine and Surgery and Faculty of Psychology
Subject	<i>Dynamic Psychology within the Advanced Course in Psychogeriatrics.</i>
Dates	Academic Years 1997/98 - 2000/01
Organisation	University of Turin, Faculty of Psychology
Subject	Dynamic Psychology within the "old" University Degree Program in Psychology ("Biennio Propedeutico del Vecchio Ordinamento")
Dates	Academic Years 1993/94 - 1996/97
Organisation	University of Turin, Faculty of "Magistero"
Subject	Educational and research activity as Research Fellow, within the "old" Degree Program in Psychology: seminars and workshops held within the Community Psychology Course A (Prof. Piero Amerio), the Community Psychology Course B (Prof. Cesare Kaneklin), and the Dynamic Psychology Course (Prof. Gian Piero Quaglino); tutoring many graduation thesis and continuingly attending the examination boards and the degree board.
Dates	Academic Years 1990/91 - 1993/94
Organisation	University of Turin, Faculty of Political Science
Subject	Developmental Psychology with Elements of Psychopathology Course, I e II year, within the Special School for Social Workers (Cuneo).
Dates	Academic Years 1990/91 - 1992/93
Organisation	University of Turin, Faculty of "Magistero"
Subject	Educational and research activity as Honorary Fellow within the University Degree Program in Psychology, Community Psychology Course (Prof. Piero Amerio), annually holding a seminar, tutoring many graduation thesis and

	continuingly attending the examination boards and the degree board.
Dates	Academic years 1989/90 - 1991/92
Organisation	<i>University of Turin, Faculty of "Magistero"</i>
Subject	<i>Educational and research activity as Honorary Fellow within the University Degree Program in Psychology, Dynamic Psychology Course (Prof. Silvio Stella), annually holding a seminar, tutoring many graduation thesis and continuingly attending the examination boards and the degree board.</i>
• Date	<i>Years 1983/84 - 1989/90</i>
• Ente	<i>Municipality of Turin</i>
• Mansione	<i>Training activity on the Relationship Dynamics (the educational relationship, the mother-child relationship, the family-institutions relationship, etc.) within the Documentation Centres of the Education Local Authority.</i>
• Date	<i>Years 1983/84</i>
• Ente	<i>"S. Giovanni Battista" Hospital, Turin.</i>
• Insegnamento	<i>Psychology Applied to the Profession Course within the Professional Nursing School.</i>
• Date	<i>Academic Years 1981/82 - 1988/89</i>
• Ente	<i>University of Turin, Faculty of "Magistero"</i>
• Masione	<i>Educational and research activity as Honorary Fellow within the Developmental Psychology Course (Prof. Silvio Stella), annually holding a seminar, tutoring many graduation thesis and continuingly attending the examination boards and the degree board..</i>
• Date	<i>Academic Years 1978/79 - 1988/89</i>
• Ente	<i>University of Milan "Cattolica del Sacro Cuore" - "G. Toniolo" Institute, Turin Branch</i>
• Mansione	<i>Courses: Human Development and its Dynamic Correlations - Relational Basis of Learning - Elements of Developmental PSYchopathology - Learning Psychopathology - Developmental PSYchology - Psychology and Sociology of Education.</i>
• Date	<i>Academic Years 1973/74 - 1982/83</i>
• Ente	<i>University of Turin, Faculty of Political Science</i>
• Mansioni	<i>Educational and research activity as Honorary Fellow within the Social Psychology Course (Prof. Silvio Stella and later Prof. Giorgio Girard), annually holding a seminar, tutoring many graduation thesis and continuingly attending the examination boards and the degree board.</i>

OTHER PROFESSIONAL EXPERIENCES

Dates	Years 1983 - 1999
Activity	Countinous training activity on the relationship dynamics in several contexts dealing with institutions and local authorities, with: professional educators and community animators working in child care; teachers in schools of different grades (primary, secondary); traffic police officers.
Dates	Academic Years 1997/98 - 2000/01
Organisation	University of Turin, Faculty of <i>Medicine</i> and Surgery and Faculty of Psychology

Activity	Internship supervision within the Advanced Course of Psychogeriatrics.
Dates	Academic Years 1985/86 - 1988/89
Organisation	University of Milan "Cattolica del Sacro Cuore" - "G. Toniolo" Institute, Turin Branch
Activity	<i>Internship supervision</i> , joined in the last two years by the vice-director of the Turin Branch.
Dates	Academic Years 1984/85 - 1985/86
Organisation	University of Turin, Department of Psychology
Activity	<i>Internship supervision</i> within the Course for Specialized Teachers of Blind Persons.
Dates	Years 1983 - 1989
Organisation	"S. Giovanni Battista" Hospital, Turin
Activity	<i>Internship supervision</i> and coordination of round tables on "Psychodynamic Aspects of the Mother-Child relationship"; courses of "Psychodynamic Aspects of the Care Relationship".

ORGANIZATIONAL POSITIONS

Educational and organizational positions in the Psychology Faculty and Department, University of Turin.

Participation to the institutional activity necessary for the organization of research and didactics, in the planning of the Degree programs that lead to the establishment of the Faculty of Psychology, and, later, to the creation of the Bachelor's and Master's programs.

- Member of the Teaching Board of the Doctorate School in Human Science. Curriculum: Health, wellbeing and quality of life.
- Member of the Seventh Framework Programme with a project titled "Minority Stress". National Coordinator Prof. Lingiardi V. (2008)
- Director of the School of Specialization in Health Psychology of the Faculty of Psychology of the University of Torino starting from November 2006.
- Member of the Board for "Esami di Stato" (2010).
- President of the First Cycle Degree Course in Psychological Sciences and Techniques for Individuals, Services and Community from January 2002 to September 2007.
- Vice Dean of the Faculty of Psychology of the University of Torino from November 2008.
- Scientific Director for Progetto Gemelli, funded by the Local Authority for Welfare and Work (Assessorato Welfare e Lavoro), Piedmont Region.
- Scientific Director for the Project of Italian Adaptation of K-abc II by Kaufman, funded by Compagnia di San Paolo, till January 2008.
- Member of Scientific Board for the Second level Master course in Sport's Psychology, University of Torino.
- Member of Scientific Board for the Second level Master course in Relational competences for teachers interacting with troubled pupils and families, University of Turin.
- Member of Scientific Board for the Second level Master course in Organization and development of Human Resources, University of Torino.
- Member of Scientific Board for the Second level Master course in Birth and Parenthood, University of Torino.

- Member of the Regional Project titled “Families and individuals related to socio-economic ties”. Regional coordinator Prof. Molina P.
- Coordinator of two research grants funded from CRT.

GRANTS, SCIENTIFIC CONSULTATION AND SERVICES

European Masters Programme in Recovery and Social Inclusion (01.10.2012) onwards

Scientific coordinator of the unit of Turin for the Postgraduate School of Specialization in Health Psychology.

Partner in DAPHNE III, with the project “Empowering Women & Providers: DV and MH” (01.13.2011 onwards).

Scientific coordinator of the unit of Turin for the Department of Psychology.

Scientific coordinator for research projects, didactic and training activities held in the Department of Psychology of the University of Turin.

- Coordinator of the Gruppo Formazione Scuola (*School Training Group*), in the organization of courses and workshops on relational experiences and dynamics. From 1997 to 2009 several training activities with teachers of many primary schools of the Piedmont Region
- Coordinator of research-intervention projects for school directors, teachers, educators. schools of the Piedmont Region

Member of the review board of the journal *Psicologia Scolastica (School Psychology)*, Ed. Carlo Amore (2003 - 2007).

RESEARCH INTERESTS

From academic year 1973/74 to date the research activity performed with the Department of Psychology of the University of Torino has aimed at the analysis of the following themes:

- 1. The development of female identity and of parenthood;**
- 2. Psychodynamic aspects of relationships in institutional contexts;**
- 3. Help relationship in social interventions in a psychodynamic perspective;**
- 4. Training for public service operators;**
- 5. Educational methods and instruments: the use of new technologies;**
- 6. Studies and interventions on twinship.**
- 7. LGBT Issues.**

1. The development of female identity.

Starting from the assumption that the children's family novel deeply engraves the most relevant developmental events of the female development (adolescence, pregnancy, delivery, nursing, mother-infant relationship), a psychoanalytical reading of the phenomena is suggested with the aim of comprehending normal and conflictual aspects in the development of adult competence. The conquest of femininity implies a long route which places woman in front of extremely delicate moments both as for her internal world and for her social relationships. Especially in such a historical time as the one we are living - characterized by great change in fundamental cultural values - individuals, both men and women, are faced by identity models continuously transforming; this fact involves a continuous self-adaptation to external requests, with a strong risk of feeling confused. Women, particularly, are confronted with the difficulty in finding a good compromise within their internal needs, most of all the ones related to motherhood and to the complexity of the new rapport with their partner that cannot be based on old models.

All this is to be added to the delicacy of their working role, so important as it was and still is for modern women, the emotional meanings of which have extensively been investigated in this research. The hypothesis which is meant to be demonstrated is that women are searching for a new identity allowing them not to lose the advantages characterizing their traditional one, at the same time maintaining their working role which must, though, be tailored according to their model and not moulded on the masculine one. First feminism just tended to imitate masculine models, reluctantly forcing them towards feminine issues; things have now changed and woman is in search of a different quality of life allowing her to re-conquer maternity and femininity without renouncing her social rights, rather boosting them.

Even the quality of the relationship with her partner and her self-esteem are assuming other features significantly engraving the pregnancy project, that's to say the meaning of parenthood itself and of the attachment relationship between parents and child after delivery: this is turned into an experience psychologically involving the father in a most intense and direct way.

To the same context are also to be ascribed some reflections relative to the influence exercised on the structuring of maternal identity by the different mode according to which delivery is now tackled: the differences that can take place in the primary relationship in case of caesarean birth can in fact be conducted to the dimensions of control and appropriation that a woman can exercise onto the event and her newly born maternal experience.

This area represents the amplest research field and is still active to date with widening studies of issues connected to third age and menopause, besides of the application of psychology alongside with the obstetrical intervention.

2. Psychodynamic aspects of relationships in institutional contexts.

The research above is sided by the study of an institutional response to the needs of care and support analyzing the functions performed by services and the meaning they may assume in the individual's internal world as well as in a social context. Issues are examined according to a community

PERSONAL SKILLS

MOTHER TONGUE

OTHER LANGUAGES

Reading
Writing
Speaking

Reading
Writing
Speaking

ITALIAN

ENGLISH

INTERMEDIATE

INTERMEDIATE

INTERMEDIATE

FRENCH

PROFICIENT USER

PROFICIENT USER

PROFICIENT USER

PUBLICATIONS

BOOKS

1. Bono A., Brustia P., Repaci V. (a cura di), *Bibliografia della sociologia italiana 1969-'71*, Pubblicazioni dell'Istituto di Scienze Politiche dell'Università di Torino, Franco Angeli, Milano 1978.
2. Brustia P., *Donna e lavoro. Il mondo interno e la realtà esterna*, Il Segnalibro, Torino 1990.
3. Brustia Rutto P., *Genitori. Una nascita psicologica*, Bollati Boringhieri, Torino 1996.
4. Briante G., Brustia P., Fenoglio M.T. (a cura di), *Elementi di psicologia per il lavoro sociale*, NIS, Roma 1997, ristampa Carocci, Roma 2001.
5. Brustia P. (a cura di), *Scuola come organizzazione: processi formativi e organizzazione del lavoro*, Progetto Copernico, Ministero Pubblica Istruzione-Dipartimento di Psicologia Università di Torino (il lavoro comprende anche la versione su CD rom in rete sul sito del Ministero della P.I.), 1997-1999.
6. Brustia Rutto P., *Lezioni di Psicologia Dinamica. Sigmund Freud*, Bollati Boringhieri, Torino 2001. (La pubblicazione consta di un volume e di un CD-Rom contenente il testo e tool integrativi).
7. Brustia Rutto P., Ramella Benna S., *Sguardi sulla diversità. Prospettive psicodinamiche per una formazione all'aiuto*, Celid, Torino 2002.
8. Brustia Rutto P., Ramella Benna S. (a cura di), *Territori della psicologia dinamica*, Carocci, Roma 2003.
9. Di Vita A.M. e Brustia P. (a cura di), *Psicologia della Genitorialità: modelli, ricerche, interventi*, Antigone, Torino 2008.

CHAPTERS IN BOOKS

1. Brustia P., *Contributo della Psicologia evolutiva e sociale alla comprensione dei processi di maturazione della società infantile*, in AA.VV., *Storia Geografia Studi Sociali*, SEI, Torino 1989, pp. 127-132.
2. Brustia P., *Lo sviluppo della conoscenza temporale*, in AA.VV., *Storia Geografia Studi Sociali - Dossier*, SEI, Torino 1989, pp. 16-18.
3. Brustia P., *L'evoluzione del sé in gravidanza*, in Rossati A. (a cura di), *Atti del Convegno di studio "Sé, persona, identità nella prospettiva della psicologia dinamica e della psicologia sociale"*, 20 aprile 1991, Centro Scientifico Torinese, Torino 1993.
4. Brustia P., *Processi di separazione e di individuazione: Margaret Mahler*, in Stella S. (a cura di), *Introduzione alla psicologia dinamica*, Centro Scientifico Editore, Torino 1992, pp. 305-320.
5. Brustia P., *Psicologia dell'io, sogno e interpretazione*, in Quaglino G.P., Stella S. (a cura di), *Modelli del sogno*, Raffaello Cortina, Milano 1994, pp. 81-104.
6. Brustia P., *Lo sviluppo della personalità e dell'identità in ragazzi vissuti in famiglia monogenitoriale: un'indagine con le 'Blacky Pictures'*, in Gallo Barbisio C. (a cura di), *Il bambino diviso*, Tirrenia Stampatori, Torino 1994, pp. 195-199.
7. Brustia P., Massucco B., Montone P., Rosso T., *Il bambino dove lo metto? Un viaggio nelle comunità alloggio per minori*, in P. Amerio (a cura di), *Forme di solidarietà e linguaggi della politica*, Bollati Boringhieri, Torino 1996, pp. 265-326.

Turin, 15/01/2012

Piera Brustia